St Thomas

US Virgin Islands. Dock sheet for the chef.

transientchef.com/st-thomas

Checked November 2026. Re-checked every 90 days.

First calls

- **Your captain**: Ask who they use before you call anyone below
- **BWA Yachting**: Full agency; no St Thomas office, nearest San Juan and St Maarten info@bwayachting.com
- **IGY Yacht Haven Grande**: Marina office: customs, immigration, provisioning, concierge +1 340 774 9500
- **The Fruit Bowl**: Specialty yacht grocer, 9400 Wheatley Center; delivers all marinas +1 340 774 8565, info@thefruitbowlvi.com
- **Moe's Fresh Market provisioning**: Free provisioning, staff hand-select your order; delivers to marinas +1 340 693 0254, provisions@moesvi.com

Order before you land

- Fresh produce and fish land on a schedule; ask when next shipment lands
- Moe's catering requests inside 24 hrs; more notice for charter volume
- Fruit Bowl will source most guest asks with notice
- Charter Yacht Show and Dec to Apr peak: order several days ahead
- Show week at YHG: lock delivery time and drop point with marina office

Where the boat sits

- Yacht Haven Grande: to 656ft, 25ft draft, customs on site, Moe's in marina
- Crown Bay Marina: to ~200ft, by the airport, Gourmet Gallery on site
- Crown Bay: five-year cruise-district construction signed late 2025
- American Yacht Harbor, Red Hook: charter cats, office 0730 to 1700, book ahead
- Fruit Bowl delivers to any St Thomas marina (tip drivers); Moe's delivers
- No-delivery shops will refer a trusted taxi to run it to the dock

Market days

- Market Square, Charlotte Amalie: most vendors Fri and Sat
- First Sunday Farmers Market at Yacht Haven Grande
- Bordeaux Farmers' Market: second and last Sundays of the month
- Moe's: Waterfront 0800 to 2000, Red Hook 0700 to 2100, Northside 0900 to 2000
- Food Center, Red Hook 0700 to 2200; The Market, Tutu Park 0700 to 2100
- Frenchtown fishermen: opportunistic; ask around the docks

Crew food

- Pueblo (Long Bay, Subbase), The Market (Tutu Park, online pickup)
- Food Center, Red Hook: east-end supermarket volume
- Cost-U-Less, Route 38: case lots, no membership; big crews
- Moe's StoneHouse Subs: fast crew lunch

The one-day ground run

1. YHG: The Fruit Bowl, Wheatley Center: proteins, fish, produce, wine
2. YHG: Moe's in the marina: deli, bakery, wine
3. YHG: Gourmet Gallery (Havensight): gap items only
4. YHG: downtown Charlotte Amalie duty-free: volume liquor, Champagne
5. Red Hook: Moe's flagship, 6205 Smith Bay Rd: provisioning order
6. Red Hook: Food Center: dry goods, crew staples, open late
7. Pueblo or The Market (Tutu Park): full supermarket volume

What goes wrong

- Arrive between shipments and fresh is picked over
- Island prices well above mainland; Gourmet Gallery higher still
- BVI is a separate country: real clearance, import limits; confirm with agent
- Hurricane belt Jun to Nov; confirm vendors open in shoulder season
- YHG full at show time: Crown Bay and American Yacht Harbor are fallbacks

Dates

- USVI Charter Yacht Show, Yacht Haven Grande: 14 to 17 November 2026
- Show yachts berth at YHG from 9 to 18 November 2026
- Peak charter season: Dec to Apr

Something changed? transientchef@gmail.com, "St Thomas" in the subject. Fixed the same week, your name on the page.

Chef to chef. No commissions, no sponsored vendors.