# Newport

**New England. Dock sheet for the chef.**

**transientchef.com/newport**

Checked November 2026. Re-checked every 90 days.

## First calls

- **Your captain**: Ask who they use before you call anyone below
- **BWA Yachting**: Covers New England and NY; confirm Newport desk and delivery
- **Safe Harbor Newport Shipyard**: Dock office, slip assignment; 1 Washington St 401-846-6002
- **Aquidneck Meat & Provisions**: Butcher anchor; call ahead on boat-volume orders 401-846-8880
- **Anthony's Seafood**: Fish, shellfish, local oysters; 963 Aquidneck Ave, Middletown 401-846-9620

## Order before you land

- Charter-volume cuts: 48 to 72 hrs via Aquidneck Meat & Provisions
- Oysters by count, volume lobster, specialty fish: 1 to 2 days
- Yacht Show, Folk/Jazz, regatta weeks: several days ahead
- Jul to Aug: lock market and fish orders early in the week
- Provencal Bakery takes special orders; ask about marina delivery
- RI: no sales tax on groceries; prepared food and alcohol taxed

## Where the boat sits

- Safe Harbor Newport Shipyard: the hub, to 350ft, 3,500ft of dock
- Newport Yachting Center: 2,400+ft transient, to 180ft
- Bannister's Wharf to ~280ft; Bowen's few slips ~100ft; call for space
- Goat Island Marina: to 250ft
- Moorings: Harbormaster VHF 16 or Oldport Marine VHF 68; launch delivery
- Downtown gridlock summer afternoons; deliver mornings

## Market days

- Aquidneck Growers: Wed 1400 to 1800, Memorial Blvd, early May to late Oct
- Aquidneck Growers: Sat 0900 to 1200, YMCA, 792 Valley Rd, Middletown
- Off-season: winter pop-up markets; check their posts for locations
- Newport Lobster Shack market runs year-round

## Crew food

- BJ's, 173 East Main Rd, Middletown: bulk crew proteins, frozen, dry
- Restaurant Depot (Providence/Cranston): big crew, case lots only
- Stop & Shop, Clements': everyday staples
- Growers market late in the day: cheap local produce

## The one-day ground run

1. Aquidneck Meat & Provisions, 800 Aquidneck Ave: proteins, cheese
2. Anthony's Seafood, 963 Aquidneck Ave: fish, oysters, lobster
3. Newport Lobster Shack, 150 Long Wharf: off-the-pier shellfish
4. Aquidneck Growers Market (Wed/Sat): produce, eggs, bread
5. Provencal Bakery, 750 Aquidneck Ave: bread
6. Clements' Marketplace, Portsmouth, or Stop & Shop: grocery gaps
7. Newport Vineyards / Newport Craft: local beverage

## What goes wrong

- Charter Yacht Show fills Safe Harbor Shipyard, your home dock
- Markets sell out of the best seafood in peak; confirm the order
- After Columbus Day seasonal vendors close; Wed market ends
- Hurricane season Jun to Nov can reach New England late

## Dates

- Aquidneck Growers Saturday market: 2026 season ends 21 November
- Newport Charter Yacht Show: 21 to 24 June 2027 (listed; confirm)
- Newport Folk and Jazz Festivals: late July/early August

**Something changed?** transientchef@gmail.com, "Newport" in the subject. Fixed the same week, your name on the page.

Chef to chef. No commissions, no sponsored vendors.